

Conceive it...

Believe it...

1. Decide what you want
2. Write it down (be specific)
3. Read it three times a day
4. Set the date of accomplishment
5. Think of it often
6. Dream & imagine (see yourself enjoying it)
7. Develop a plan of action
8. Do three things every day towards the goal
9. Stay positive (read and listen to positive things daily)
10. Act as though you have achieved it

Achieve it